Seaton Hackney
STABLES

*where lasting friendships and great memories are made…*

# Come Ride With Us!

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**Here at Seaton Hackney Stables,**

**we believe that the bonds we form**

**with horses enable us to fulfill**

**our full potential!**

# Our Therapeutic Instructor:

**Michelle** is a graduate of Wilson College with a bachelors degree in Equine Facilitated Therapeutics. She is also registered as a Certified Therapeutic Riding Instructor through the Council for Education and Certification in Therapeutic Horsemanship (CECTH). Additionally, she holds a certification recognizing safe instruction in horsemanship through the Certified Horsemanship Association (CHA). From the time she was ten years old Michelle has been involved in volunteering with numerous therapeutic programs and is excited to help her riders reach their potential!

# Therapeutic Riding

## at

## Seaton Hackney Stables

**440 South Street**
**Morristown NJ 07960**
**973-644-3355**
**ww.seatonhackney.com**

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MichelleMSHS@gmail.com

## Therapeutic Riding at Seaton Hackney Stables

Are you ready to experience the joy and freedom of horseback riding?
Horseback riding is a great way to build physical strength and dexterity while also forming a bond with your horse and discovering effective ways to communicate.

***We can't wait to meet you!***

# SAFE, PROGRESSIVE LEARNING

Here at Seaton Hackney Stables we believe that success comes from consistent learning that works toward a specific, achievable goal.
We work to build on what we teach in each lesson to safely progress riders in their horsemanship knowledge, physical strength, and communication skills.
Please feel free to reach out by phone or email if you have any questions or if you think that therapeutic riding is right for you or your loved one!

Our office can be reached at:
973-644-3355

Or, you can reach our therapeutic instructor directly at:

MichelleMSHS@gmail.com

## PERSONALIZED SHORT AND LONG TERM GOALS

We believe that setting goals specific to each rider is the best way to help them achieve their full potential. Our therapeutic instructor will work with each rider and their team to determine what their priorities are for physical, mental, and emotional benefits. Once these goals have been established, each ride will work towards achieving them.

***One of our therapeutic horses, Possum, with his rider and team***